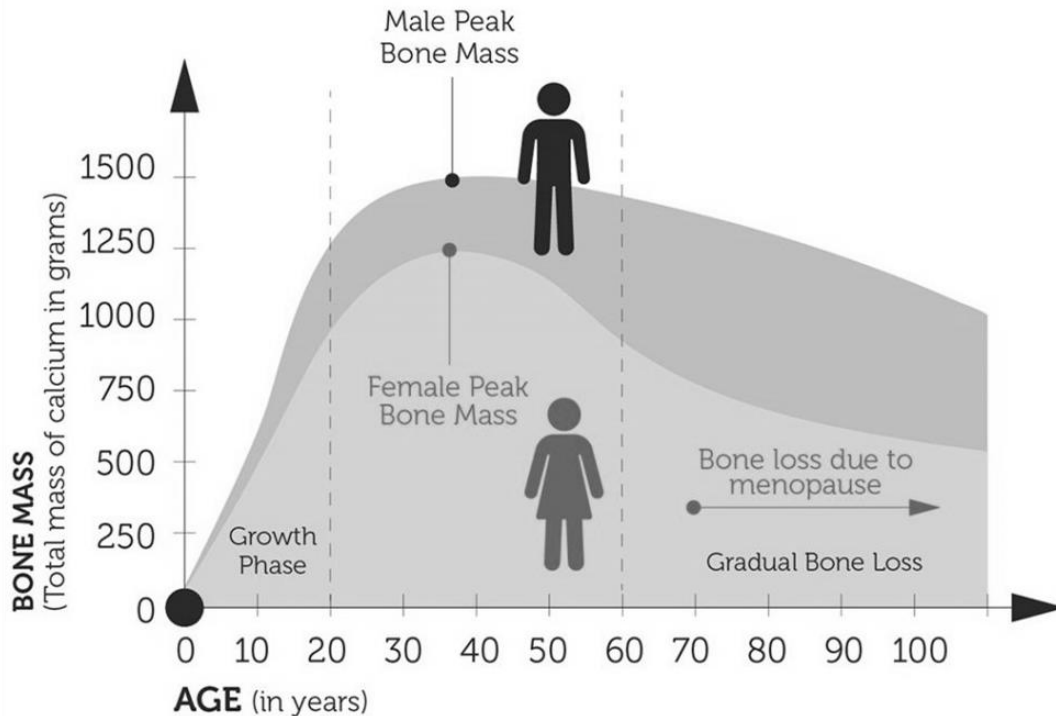


# BONE HEALTH CLINIC

Don't wait for a broken bone to check your bone health



Patients over 55, you can see from the above graph, the bone mass (strength) begins to decline significantly and increases the risk of fracture. Such fractures can occur during a fall or with day to day activities.

The only way to ensure your bone mass (bone strength) is in keeping with the average is to do a bone density test. Such tests can be booked daily at our facility.

Patients simply lie down as in the picture and your pelvis and femur (hip bone) are scanned. A radiologist will help determine the density and hence the risk of your bones to fracture as you age. Such tests are recommended starting between the age of 50 to 65. And should be repeated on a one to three year interval as recommended by your doctor.



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